

## GLEN ELLYN LAKERS - FALL 2019 TRAINING SCHEDULE

Age	Team	Day	Time	Field
U8 Boys	Green	Mon/Wed	5:30-7:00pm	Mon-Turf, Wed-F
U9 Boys	Green	Tu/Th	4:45-6:15pm	Turf
U9 Boys	White	Tu/Th	4:45-6:15pm	Turf
U9 Boys	Black	Tu/Fri	4:45-6:15pm	Tu-Turf, Fri-E
U9 Girls	Green	Mon/Th	4:45-6:15pm	Turf
U10 Boys	Green	Mon/Wed	4:45-6:15pm	Mon-Turf, Wed-F
U10 Boys	White	Tu/Fri	4:45-6:15pm	Tue-Turf, Fri-E
U10 Girls	Green	Mon/Th	6:15-7:45pm	Turf
U11 Boys	Premier	Tu/Th/Fri	4:45-6:15pm	Tu/Th-Turf, Fri-D
U11 Boys	White	Tu/Th	6:15-7:45pm	Turf
U11 Girls	Premier	M/W/F	6:15-7:45pm	Turf
U12 Boys	Premier	M/W/F	4:45-6:15pm	Mon-Turf, W/F- D
U12 Boys	White	Wed/Fri	4:45-6:15pm	B
U12 Boys	Black	Tu/Th	6:15-7:45pm	Turf
U12 Girls	Premier	M/Tu/Th	6:15-7:45pm	Turf
U12 Girls	White	Tu/Th	4:45-6:15pm	Turf
U13 Girls	Premier	Tu/W/Th	Tu/Th 6:15-7:45pm, Wed 7:45-9:15pm	Turf
U14 Boys	Premier	M/W/Th	6:15-7:45pm	Turf
U14 Boys	White	Wed/Fri	6:15-7:45pm	Turf
U14 Girls	Elite	M/W/Th	M 6-730, W 7-830, Th 530-7	Graf
U14 Girls	Select	M/T/Th	M 615-745 asfc, T 645-815 asfc, Th 630-8 graf	Turf
U15 Boys	Elite	Tu/W/Fri	Tu/Wed 7:45-9:15pm, Fri 6:15-7:45pm	Turf
U15 Girls	Elite	T/W/Th	T 6-730, W 5-630, Th 7-830	Graf
Lakers Academy		Thu/Sat	Thu 4:30-6:00pm, Sat 2:00-3:00pm	
Goalie Training		Tu/Th	U8-U10: 5:00-6:00pm, U11+: 6:15-7:15pm	Turf-West Goal
Foot Skill Training		Fri	U8-U10: 5:00-6:00pm, U11+: 6:00-7:00pm	U8-U10: E, U11+: Turf
<b>Fall training will begin the week of August 26th. The last week of training is the week of October 28th.</b>				